



Government College for Women, Hisar

National Service Scheme

NSS 7 Days Special Day Night Camp

(28-02-2023 to 06-03-2023)

Report

National Service Scheme of Government College for Women organised special 7 days camp started from 28-02-2023 to 06-03-2023 on the theme of “Role of Youth in Making Digital India”.

Day 1: 28-02-2023

On day 1, we started from college to Arya Nagar at 9:00 a.m. and reach at Government Senior Secondary School by 9:20 a.m. There, Rangolicompetition was organised on the theme of Digital Awareness in which volunteers participated in 4 teams. They prepared beautiful rangolis on the theme given.



After that, we started inauguration session. Dr.Jagbeer Singh (Former Chairman of Haryana Board of School Education) and Dr. Asha Saharan (Retd. Principal, Government College of Women) joined us as chief Guests. Representatives of Gram Panchayat and Member of National Social Organisation were also present. Dr. Vijender Beniwal (Member of Advisory Committee) formally welcomed the guests. Dr jagbeer Singh in his address said NSS volunteers can bring positive change in society which we aspire for.Dr. Asha Saharan motivated volunteers by reminding Durga, Sarasvati, Kali and Luxmi and said to realise their power. Vote of thanks was extended by Ms. Parveen Chahal. Memento was presented to guests by Dr. Jagdeep Chahal ,Dr. Vijender Beniwal and NSS PO's.



After lunch, slogan writing competition was conducted on theme “Digital Awareness” and “Road Safety” and volunteers performed shramdaan.



Day 2: 01-03-2023

Day 2 was started with Yoga and Exercise. After breakfast volunteers contributed in shramdaan. A lecture on “Negative Sides of being Digital’ was organised which was delivered by Dr. Surender Shoeran.



After lunch, poster making and mehendi competition was organised. Then students participated enthusiastically in “Solo Dance Competition”. Cultural activities were performed by team of volunteers.



Day 3: 02-03-2023

With Yoga and physical exercise Day 3 was started. After having breakfast volunteers enjoyed Kho-Kho team wise. They enjoyed this profoundly. Volunteers reenergise themselves with refreshment.



To keep volunteers' motivation high a motivational lecture of Ms. Manisha Payal (Mount Everest Climber) was organised. After which their motivation was at peak.



To spread the health and wellness awareness among volunteers about healthy eating habits a lecture of Sandeep Dalmia was organised.



After that, volunteers were given training on self-defence. At night, before lunch volunteer enjoyed motivational movie.



Day 4: 03-03-2023

Day 4 of the camp was full of energy and social activities. Day was started with Rally on “Digital Awareness” and “Road Safety”. Volunteers started rally along with students of Government Senior Secondary School from school and covered the residential area, market and bus stand.



Volunteers performed nukkadnatak around bus stand area on “road safety” and “Digital Awareness” . They also met villagers and motivated them to remain aware while being digital and follow road safety rules. Volunteers were very energetic and enthusiastically during these activities.



After that a seminar on “Road Safety Awareness” was conducted in which Inspector Gajender Singh Gautam was invited as resource person. Mr. Gajender was welcomed by Mr. Satish Singla (Nodal Officer, Traffic Interpretation Cell). He explained very beautifully that why it is very important to follow traffic rules. Resource person was thanked by Mrs. Parveen Chahal and Mrs. Shaina Tehria (NSS Programme Officer).



After lunch, Volunteers had “Self Defence” training and Performed Shramdaan.

सड़क सुरक्षा अभियान : जागरूकता रैली निकालकर आमजन को किया



पाठकपक्ष न्यूज

हिसार, 4 मार्च : आजादी का अमृत महोत्सव की श्रृंखला के तहत राजकीय महिला महाविद्यालय राष्ट्रीय सेवा योजना एवं सड़क सुरक्षा अभियान के अन्तर्गत ट्राफिक प्रेडेशन सेंटर, राष्ट्रीय सेवा योजना व गैस के संयुक्त तत्वाधान में एक जागरूकता रैली निकाली गई। यह रैली के दौरान अधिकारी देते हुए एक प्रवक्ता ने बताया

कि सड़क सुरक्षा मुहिम का सात दिवसीय शिविर आर्य नगर में चलाया जा रहा है। उन्होंने बताया कि स्वयंसेवकों द्वारा सड़क सुरक्षा व डिजिटल जागरूकता पर जागरूकता रैली निकाली गई। रैली राजकीय वरिष्ठ माध्यमिक विद्यालय आर्य नगर से शुरू होकर बाजार व बस स्टैंड से होते हुए स्कूल प्रांगण में पहुंची। रैली के दौरान स्वयंसेवकों ने नुक्कड़ नाटक भी प्रस्तुत

किए। सड़क सुरक्षा मुहिम में जागरूकता, रक्तदान-महादान व आदि विषयों के बारे में भी आ जागरूक किया गया। इस अ सड़क सुरक्षा सेमिनार का भी किया गया। सेमिनार में मुख्य रूप में गजेंद्र सिंह गौतम ने शिर उन्होंने स्वयंसेवकों को बताया स्वयंसेवक होने के नाते उनका भी बनता है कि न केवल सड़क के नियमों का पालन करें बल्कि जागरूकता लाने का भी व इस अवसर पर इंचार्ज इंटरप्रिटेशन सेंटर सतीश एनएसएस कार्यक्रम अधिकारी व साइना, विद्यालय प्राध्यापक का धन्यवाद किया।

सड़क सुरक्षा को लेकर निकाली जागरूकता रैली



जागरूकता रैली के दौरान उपस्थित स्वयंसेवक एवं अधिकारीगण।

हिसार, 3 मार्च (ब्यूरो): आजादी का अमृत महोत्सव की श्रृंखला के तहत स्थानीय राजकीय महिला महाविद्यालय में राष्ट्रीय सेवा योजना एवं सड़क

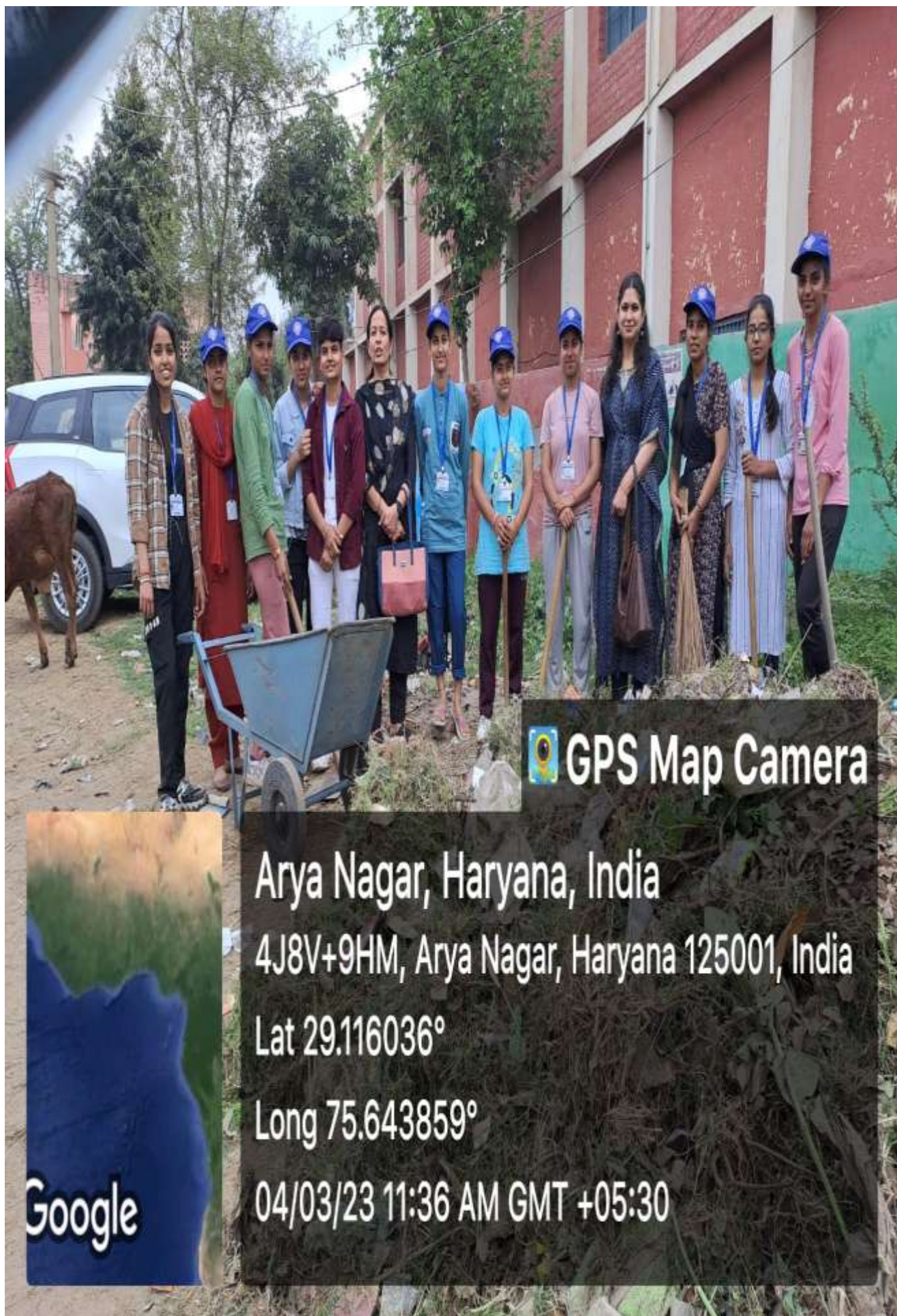


हिसार | राजकीय महिला कॉलेज हिसार में राष्ट्रीय सेवा योजना के चौथे दिन सड़क सुरक्षा अभियान

Day 5: 04-03-2023.

On Day 5, after performing Yoga and Exercise and having breakfast, we have cleanliness drive at Arya Nagar. Volunteers cleaned the area of Government Senior Secondary School, Main Market and Bus stand area.





 **GPS Map Camera**

Arya Nagar, Haryana, India

4J8V+9HM, Arya Nagar, Haryana 125001, India

Lat 29.116036°

Long 75.643859°

04/03/23 11:36 AM GMT +05:30

Google

Then volunteers reenergise themselves with healthy lunch and there was skit competition, in which volunteers in their teams presented skits on various social issues like digital awareness, road safety awareness, drugs addiction etc.

After skit competition, there was group dance competition and cultural events.



Day 6: 05-03-2023

Day 6 was started with sports activities. Volunteers enjoyed Lemon race, three leg race and other sports activities. Then volunteers showed their talent in poetry competition and cultural events.

After lunch, volunteers enjoyed holi festival and performed shramdaan.



Day 7: 06-03-2023

On 6th March, we have valedictory of this super energetic and memorable camp. At valedictory event, Dr. Dinesh Kumar (State NSS Officer) graced the occasion as Chief guest. Event was started with the welcome address of Mr. Satish Singla (Member of Advisory committee). After that, Principal Mr. S.S. Dhanda informed volunteers regarding main objectives of joining NSS. Dr. Dinesh Kumar motivated volunteers to give their 100% to serve society and imbibe the motto of NSS "Not Me But You" in their characters. Ms. Shaina Tehria (N.S.S.P.O.) read the report of the activities done during these 7 days.



Volunteers performed cultural activities. Beautiful Haryanvi Ragini was presented by Anjana and Darshan. Ritika performed Haryanvi dance. An informative and impressive skit on the theme of Digital Awareness was performed by team “Free Thinkers”.



Nikki from B.Com. II shared her experience of camp. Winners of various competitions and volunteers were awarded with medals and certificates. "Raman" from B.Sc. II was selected for best volunteer and team "Free Thinker" was declared best team.



Dr. Vijender Beniwal extended vote of thanks to everyone who gave their efforts to make camp successful. Volunteers left to their homes with heavy hearts but with enthusiasm to become a true volunteer.

राजकीय महिला महाविद्यालय में चल रहे सात दिवसीय एनएसएस शिविर का समापन



पाठकपक्ष न्यूज

हिसार, 8 मार्च : स्थानीय राजकीय महिला महाविद्यालय में गत सोमवार को सात दिवसीय राष्ट्रीय सेवा योजना (एनएसएस) शिविर का समापन समारोह आयोजित किया गया। एनएसएस शिविर रोल ऑफ यूथ इन मेकिंग डिजिटल इंडिया की थीम पर लगाया गया था। समापन अवसर पर एनएसएस अधिकारी डॉ दिनेश कुमार ने बतौर मुख्य अतिथि शिरकत की। अपने संबोधन में एनएसएस अधिकारी डॉ दिनेश कुमार ने बताया कि लड़कियां रानी लक्ष्मी बाई, पद्मावती, सावित्री बाई फुले जैसी ताकत रखती हैं, बस उन्हें अपनी ताकत समझने और इस्तेमाल करने की जरूरत है।

प्रधानाचार्य सुन्दर सिंह ढांडा ने स्वयंसेवकों को एनएसएस के मुख्य उद्देश्य के बारे में समझाया। एनएसएस कार्यक्रम अधिकारी साइना ने सात दिवसीय शिविर में स्वयंसेवकों द्वारा की गई गतिविधियों के बारे में विस्तार से जानकारी दी। इस दौरान छात्राओं ने रागिनी, नृत्य व डिजिटल जागरूकता पर नाटक प्रस्तुत किए। शिविर में रमन को सर्वश्रेष्ठ स्वयंसेवक व फ्री थिंकिंग टीम को सर्वश्रेष्ठ टीम चुना गया। इस अवसर पर सतीश सिंगला, डॉ विजेंद्र बेनीवाल, प्रवीन चहल, डॉ जगदीप चहल, राकेश, कविता, सुनीता, सतबीर, दिलावर, एनएसएस के सदस्यों सहित कॉलेज का स्टाफ तथा छात्राएं उपस्थित रही।