

DEPARTMENT OF PSYCHOLOGY
GOVT COLLEGE FOR WOMEN, HISAR
B.A. (PSYCHOLOGY SYLLABUS)

B.A. (Sem.-I) Introduction to Psychology
B.A. (Sem.-II) Experimental Psychology
B.A. (Sem.-III) Social Psychology
B.A. (Sem.-IV) Developmental Psychology
B.A. (Sem.-V) Psychopathology
B.A. (Sem.-VI) Applied Psychology

B.A. (Semester-I) INTRODUCTION TO PSYCHOLOGY

Theory: 50

Internal Assessment: 20

Time: 3 hours

UNIT-I

Psychology: History, Emergence as Science, Subject Matter.
Methods of Psychology: Experimental, Observation, Survey.

UNIT-II

Sensory Processes: Visual, Auditory – Structure and Functions of Eye and Ear.
Perception: Nature, Perception of form – Figure and Ground, Perceptual Organization, Depth Perception–Cues.

UNIT-III

Emotion: Nature, Bodily Changes. Theories of Emotion: James-Lange, Cannon-Bard and Schachter–Singer.
Motivation: Nature, Biological and Psychological Motives.

UNIT-IV

Personality: Nature, Determinants of Personality, Type and Trait Approach.
Intelligence: Nature, Theories: Spearman, Thurstone, and Cattell.

B.A. (Semester-I) PRACTICAL M. Marks : 30

Time : 3 hrs.

1. EPQ/EPI
2. Retinal color zones/Color Blindness
3. Sound Localization
4. Study of emotions.
5. Simple reaction time
6. Verbal Test of Intelligence.
7. Performance Test of Intelligence/RPM.

8. Observation (Speed & accuracy)
9. Experiment on form perception/Depth Perception
10. Test of Motivation.

B.A. (Semester-II) EXPERIMENTAL PSYCHOLOGY

Theory: 50

Internal Assessment: 20

Time: 3 hours

UNIT-I

Attention: Nature, Characteristics, and Types.

Psychophysics: Problems of Psychophysics and Methods (Classical).

UNIT-II

Learning: Definition, Factors affecting, Trial and Error Learning, Insight Learning, Classical and Operant Conditioning.

UNIT-III

Memory: Definition, Stages, STM and LTM – Methods to Study Memory.

Forgetting: Factors Leading to Forgetting, Pneomonics.

UNIT-IV

Problem Solving: Stages of Problem Solving, Convergent and Divergent thinking.

Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendencies.

B.A. (Semester-II) PRACTICAL M. Marks : 30

Time : 3 hrs.

1. Serial Position Effect.
2. Experiment on STM
3. Experiment on LTM
4. Retroactive Inhibition
5. AL by method of constant stimuli
6. DL by method of limits.
7. Muller-Lyre Illusion
8. Problem Solving
9. Bilateral Transfer of Training/ Maze Learning
10. Span of Attention.

B.A. (Semester-III) SOCIAL PSYCHOLOGY

Theory: 50

Internal Assessment: 20

Time: 3 hours

UNIT-I

Introduction: Nature, Subject Matter, Sociometric Method.

Socialization: Nature, Process and Agents of Socialization.

UNIT-II

Group: Types and Functions; Social Norms: Meaning, Characteristics and Formation.

Leadership: Types, Function, Theories– Trait, Situational, and Interactional.

UNIT-III

Attitudes: Characteristics, Development and Attitude change.

Prejudice: Nature, Development and Stereotypes.

UNIT-IV

Prosocial Behaviour: Nature, Determinants ,Cognitive Model.

Aggression: Nature, Determinants and Prevention.

B.A. (Semester-III) PRACTICAL M. Marks : 30

Time : 3 hrs.

1. Sociometry
2. Measurement of Attitude
3. Altruism Scale
4. Stereotypes
5. Anger Expression/Aggression Scale
6. Prejudice Scale
7. Leadership Styles
8. Social Facilitation
9. Rosenwig's P.F. Test/Norm formation
10. Social Conformity

B.A. (Semester-IV) DEVELOPMENTAL PSYCHOLOGY

Theory: 50

Internal Assessment: 20

Time: 3 hours

UNIT-I

Human Development; Concept and Principles Factors in Human Development; Biological, Social and Cultural

UNIT-II

Prenatal Development, Determinants and Stages.

Infancy: Characteristics, Hazards and Adjustment.

UNIT-III

Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development.

Adoloscents: Characteristics and Problems of Adoloscents and Adjustment.

UNIT-IV

Adulthood: Early Adulthood, Late adulthood and Aging-Changing Patterns and Problems.

Measures of Variability: Quartile Deviation, Standard Deviation.

B.A. (Semester-IV) PRACTICAL M.Marks : 30

Time : 3 hrs.

1. Cognitive Development
2. Emotional Maturity Scale
3. Parent-Child Relationship
4. Self Concept
5. Youth Problem Inventory
6. Self Esteem Inventory
7. Study of values
8. Family Environment Inventory
9. Impulsiveness Scale
10. Case Study

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B.A. (Semester-V) PSYCHOPATHOLOGY

Theory: 50

Internal Assessment: 20

Time: 3 hours

UNIT-I

Concept of Normality and aAbnormality.

Models of Psychopathology: Biological, Psychodynamic, Behavioural, and Cognitive.

UNIT-II

Classification of Psychopathology: Need for Classification, DSM System.

Diagnostic Assessment: Case History, Interview, Projective Techniques.

UNIT-III

Anxiety Based Disorders: GAD, OCD, and Phobic Disorders-Symptom and Causes.

Substance/Drug Abuse – Causes, Consequences and Rehabilitation.

UNIT-IV

Mood Disorders: Unipolar and Bipolar-Symptoms and Causes.

Schizophrenia: Nature, Types, and Causes.

B.A. (Semester-V) PRACTICAL M. Marks : 30

Time : 3 hrs.

1. Clinical Interview
2. CAQ
3. TAT
4. WAT
5. Depression Inventory
6. Anxiety Scale
7. WAIS
8. Emotional Intelligence
9. PGI Memory Scale
10. DMI

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B.A. (Semester-VI) APPLIED PSYCHOLOGY

Theory: 50

Internal Assessment: 20

Time: 3 hours

UNIT-I

Applied Psychology: Meaning, History, Fields, and Careers in Psychology.
Organizational Psychology: Nature, Scope, Objectives, and Development.

UNIT-II

Guidance: Objectives, Principles, Types of Guidance, Organization of Guidance Programme. Counselling: Need, Principles, Special Areas, and Types of Counselling.

UNIT-III

Health Psychology: Meaning, Scope and Objectives; Concept of Health and Illness.
Psychological Factors in Physical Illness, Life Style and Health, Stress and Coping.

UNIT-IV

Forensic Psychology: Psychology and Law, Eyewitness Memory; Accuracy and Improvement.
Statistics: Correlation- Meaning, Rank Difference, and Product Moment Method.

B.A. (Semester-VI) PRACTICAL M. Marks: 30

Time: 3 hrs.

1. Stress Scale
2. Coping Styles/Wellbeing Scale

3. General Health Questionnaire
4. Life Style Schedule
5. Aptitude Scale
6. Interest Inventory
7. Job Satisfaction
8. Counseling Need Inventory
9. Job Stress Scale
10. Healthiness Scale/Adjustment Inventory