

Lesson Plan of B.A. 1 (2nd Sem) of Home Science

Subject: DSC of Home Science

Course: Family Resource Management

Course code: C24HOS201T

Session: 2024-25

Sr. No.	Topic	Period
1.	Functions of Home	Feb., 2025
2	Home as an economic Unit	
3.	Resource Management: definition, importance and steps in the process of management	
4.	Family Resource – definition, classification and management of resources.	March, 2025
5.	Money Management- meaning, types of income, process of money management, budget.	
6.	Savings: Bank schemes , post office schemes etc.	
7.	Investment: Gold, Real estate etc.	April, 2025
8.	Time Management – process of time management and peak loads.	
9.	Energy Management –process of energy management, fatigue and rest periods.	
10.	Work Simplification – meaning and methods	May, 2025
12	Revision and class test	

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Lesson Plan of B.A. 1 (2nd Sem) of Home Science

Subject: Minor of Home Science

Course: Early Childhood Care & Education

Course code: C24MIC213T

Session: 2024-25

Sr. No.	Topic	Period
1.	Early Childhood care & education: Nature, meaning , need, importance, aims, objective, principles & scope of ECCE.	Feb., 2025
2	Types of pre-schools/programmes: play centers, day care, kindergarten, balwadi, anganwadi, mobile crèches.	
3.	Contribution of thinkers to the development of ECCE: Pestalozzi, Rousseau, Froebel, Montessori, Gandhi, Tagore, Tarabai Modak etc.	March, 2025
4.	Organization Set up: Building & Equipment- Location, site, size, and arrangement of rooms, playground, play equipments, storage facilities, maintenance of equipments and furniture, administrative set up staff & personnel working at different level, role, responsibilities and essential qualities of teacher and other personnel.	April, 2025
5.	Curriculum & Activities: Principles & types of curriculum planning for pre-school, activities of curriculum for physical development, healthful living, social & emotional development, cognitive development & creative art & craft.	May, 2025
6.	Revision and class test	

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Subject: SEC of Home Science

Course: Ice creams and chocolate craft

Course code: C24SEC213T

Session: 2024-25

Sr. No.	Topic	Period
1.	Definition of Ice creams, classification of ice cream	Feb., 2025
2	Dairy Ice creams and non dairy ice creams	
3.	Composition of ice creams and frozen desserts	March, 2025
4.	Chocolates, types of compounds and couvertures chocolates. Molded, center filled, free hand clusters, garnishes and accessories	April, 2025
5.	Faults in chocolates like sugar bloom, fat bloom, their reasons and corrections, temperature and moisture control while handling chocolate.	May, 2025
6.	Revision and class test	

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Lesson Plan of B.Sc. 1 (2nd Sem) of Home Science

Subject: MDC of Home Science

Course: Basics of Fashion Design

Course code: C24MIC217T

Session: 2024-25

Sr. No.	Topic	Period
1.	Fashion Terminology: Fashion, trend, ready to wear, custom made, fit, costume, boutique, fad, classic	Feb., 2025
2	Design, Fashion Designs, structural designs, decorative design, pattern and CAD.	
3.	Elements of Dress Design: Line, Colour, Texture, Pattern Principles of Dress design: Balance, Proportion, Rhythum, Emphasis, and harmony/Unity.	March, 2025
4.	Steps in garment construction. Importance and essentials of pattern making	April, 2025
5.	Methods of creating patterns: Drafting, draping, commercial paper pattern Equipments and supplies used in garment construction	May, 2025
6.	Revision and class test	

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Lesson Plan of B.A. 2 (4th Sem) of Home Science

Subject: Clothing and Textile

Session: 2024-25

Sr. No.	Topic	Period
1	Introduction to traditional textiles of India with names and origin.	Jan., 2025
2	Definition and classification of fiber.	
3	Manufacture and properties of different fibers: Cotton, Silk, Polyester, Rayon	Feb.,2025
4	Soap and detergents starches, blues and bleaches.	
5	Meaning and objectives of application of finishes.	
6	Different types of finishes- calendaring bleaching, sizing, mercerizing, pre-shrinking, crease resistant, dying and printing.	March, 2025
7	Basic weaves- Plain, Twill, Satin and their variations.	
8	Laundry and reagents, acids alkalis solvents and absorbents.	April, 2025
9	Stain removal- Classification of stains, methods of removing different types.	
10.	Revision and class test	

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Lesson Plan of B.A. 3 (6th Sem) of Home Science

Subject: Human Development

Session: 2024-25

Sr. No.	Topic	Period
1	Child Psychology: Definition, aims, subject matter, objectives of studying.	Jan., 2025
2	Learning: Meaning, importance, method of learning, factors affecting learning.	
3	Intelligence: Definition, Measurement of intelligence.	Feb., 2025
4	Personality Developments: Definitions, types and factors affecting the development of personality.	
5	Play: Definition, features and types of play, Difference between work and play. Importance of play in childhood.	
6	Stages of the development of the child. Characteristics of: <ul style="list-style-type: none">- Infancy- Childhood- Adolescence-problem of an adolescent child, role of parents and teacher in solving them.	March, 2025
7	The Expectant mother: <ul style="list-style-type: none">- Sign of pregnancy- Discomforts of pregnancy- Care of the expectant mother in brief- All effects of an early marriage.	
8	Care of newborn infants- Bathing, clothing and hygiene in infancy. Feeding of an infant: Breastfeeding versus Artificial feeding, wearing: meaning and importance, methods of wearing	April, 2025
9	Common ailments of childhood: <ol style="list-style-type: none">1. Cold, cough, fever.2. Digestive disturbances- Diarrhea, Constipation and vomiting.3. Skin infection- Prickly heat, allergy.4. Convulsions.	
10.	Revision and class test	

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