

Government College for Women, Hisar

Report of NSS Activities

(Session 2024 –2025)

1. National De-warming Day (18/09/2024)

The National De-warming Day was celebrated in collaboration with the Physical Education Department, Red Cross and Red Ribbon Club. A total of 22 NSS students participated in this event and medicines were distributed to 500 students.

2. NSS Day Celebration (24/09/2024)

NSS Day was celebrated in which 127 students participated enthusiastically. Various activities such as nukkad natak, cultural performances, dances and poster making competitions were organized.

3. Drug De-addiction Campaign (25/09/2024)

A Drug De-addiction Campaign was held where Dr. Bir Singh Yadav addressed the students on different types of drugs, their harmful effects and ways to control their usage.

4. Women's Health and Awareness Camp (25/10/2024)

A one-day Health Camp was organized with the participation of 67 students. On this occasion, a lecture on women's health and stress management due to the changing lifestyle was delivered.

5. One-Day NSS Camp (19/11/2024)

A one-day NSS Camp witnessed the participation of 128 students. In the morning session, NSS volunteers carried out cleaning activities in parks, and in the afternoon session, Dr. Kailash Chander Sharma delivered a lecture on the importance of work in life.

6. Samvidhan Diwas Celebration (26/11/2024) :-

On 26th November 2024, Constitution Day was celebrated with an extension lecture by Mr. Mohinder Singh, followed by reading the Preamble oath by the students, organized by the Public Administration Department in collaboration with NSS Educational Trip to Rakhigarhi (20/12/2024)

7. Educational trip to Rakhigarhi (20/12/2024)

An educational trip to Rakhigarhi was organized by NSS in collaboration with the Women Cell. A total of 48 students participated in the trip, and a quiz was also

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conducted on the history of Rakhigarhi, where one of the college teams secured the second position.

8. Anti-Drug Awareness Rally (20/12/2024)

A rally was conducted to create awareness about the side effects of drugs in collaboration with the Anti-Drug Cell and Red Cross and Red Ribbon Club. A total of 200 students were participated in this rally.

9. Screening of Movie & Quiz on Constitution (24/01/2025)

The screening of the movie "Hamara Samvidhan, Hamara Swabhimaan" was organized, followed by a quiz competition to enhance students' knowledge of the Constitution. A total of 53 students participated in this activity. The event was organized in the collaboration of the Public Administration Department with Women Cell.

10. Observation of 2-Minute Silence (30/01/2025)

On 30th January 2025 at 11:00 AM, a 2-minute silence was observed in honor of the soldiers and martyrs who sacrificed their lives for the Nation during the Independence Movement.

11. One-Day NSS Camp (14/02/2025)

A one-day NSS Camp was held with 95 students in attendance. The day included a cleanliness drive and various cultural activities like speech, singing, dance, skit etc.

12. Seven-Day NSS Camp (03/03/2025 – 09/03/2025)

The NSS Units of Government College for Women, Hisar organized a 7-day special day and night camp at Village Dhansu. Various activities such as tree plantation, cleanliness drives, awareness rallies, self-defense training, health checkups, cultural programs, and a visit to Bhumi Aashram were conducted, with enthusiastic participation of around 100 volunteers

13. One-Day NSS Camp (27/03/2025)

Another one-day NSS Camp was conducted with 72 students participating in a cleanliness drive and a motivational lecture was delivered by Dr. Rakesh Kumar, Assistant Professor of Chemistry.

14. Dr. B.R. Ambedkar Jayanti Celebration (12/04/2025)

The celebration of Dr. B.R. Ambedkar Jayanti was organized during which quiz and pledge activities were conducted to mark the occasion.

15. Drill Training (07/05/2025)

On 07-05-2025, a Mock Drill was conducted at Government College for Women, Hisar under NSS to prepare students and staff for emergency and war-like situations.

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The drill included safe evacuation, first-aid practice, and disaster preparedness exercises, guided by NSS Programme Officer Ms. Heena Pahuja.

16. Yoga and Tree Plantation Drive (06 June 2025)

A rehearsal of Yoga training was organized for International Yoga Day on ~~14th~~ June, conducted by Dr. Shashi Kala Yadav and Ms. Heena Pahuja. All staff members and volunteers participated in the session, which was followed by a tree plantation drive where 25 saplings were planted by the volunteers.

17. International Yoga Day (21 June 2025)

On 21st June 2025, International Yoga Day was celebrated at Government College for Women, Hisar. The session was conducted by trainers Monika and Sapna, where teaching and non-teaching staff along with NSS volunteers enthusiastically participated. The trainers guided various yoga asanas and highlighted the importance of yoga for physical and mental well-being.

Volunteer and PO Attended Camps:-

- **Adventure Camp (Himachal Pradesh)**
Volunteer Bhawna of Bsc. Final Year attended the Adventure Camp held in Himachal Pradesh from 28th December, 2024 to 4th January, 2025.
- **University Level Camp**
Ten NSS volunteers participated in the University Level Camp organized by C.R.M Jat College, Hisar from 12th January to 19th January, accompanied by NSS Programme Officer Dr. Madhu Bala.
- **Adventure Camp**
Two NSS volunteers Saijal and Yogita from B.Com. 2nd Year participated in the Adventure Camp held at JISPA from 4th June to 16th June, 2025 along with PO Dr Madhu Bala.



Principal
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Ms. Heena Pahuja

NSS PO
Unit-I