

Lesson Plan of B.A. 1 (2nd Sem) of Home Science

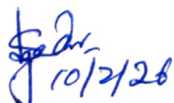
Subject: DSC of Home Science

Course: Family Resource Management

Course code: C24HOS201T

Session: 2025-26

Sr. No.	Week	Topic
1.	22-24 Jan., 2026	Introduction to syllabus, internal assessment and paper pattern in exam.
2	26-31 Jan., 2026	Functions of Home and home as an economic Unit
3.	2-7 Feb., 2026	Resource Management: definition, importance
4.	9-14 Feb., 2026	Steps in the process of management
5.	16-21 Feb., 2026	Family Resource – definition, classification
6	23-28 Feb., 2026	Management of resources.
7.	2-7 March, 2026	Holi Vacations
8.	9-14 March, 2026	Money Management- meaning, types of income Assignment I
9.	16-21 March, 2026	Process of money management, budget.
10.	23-28 March, 2026	Savings: Bank schemes , post office schemes etc. Investment: Gold, Real estate etc.
11.	30 Mar. - 4 April, 26	Time Management – process of time management and peak loads.
12.	13-18 April, 2026	Energy Management - process of energy management,
13	20-25 April, 2026	Energy Management - fatigue and rest periods.
14	27 April -2 May, 2026	Work Simplification – meaning and methods Assignment II & Class Test
15	4-9 May, 2026	Revision


10/2/26

Dr. Shashi Kala Yadav

Professor of Home Science


10/02/26
Principal

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Lesson Plan of B.A. 1 (2nd Sem) of Home Science

Subject: Minor of Home Science

Course: Early Childhood Care & Education

Course code: C24MIC213T

Session: 2025-26

Sr. No.	Week	Topic
1.	22-24 Jan., 2026	Early Childhood care & education: Nature, meaning,
2.	26-31 Jan., 2026	Need, importance, aims, objective, principles & scope of ECCE.
3.	2-7 Feb., 2026	Types of pre-schools/programmes: play centers, day care, kindergarten,
4.	9-14 Feb., 2026	Types of pre-schools/programmes: Balwadi, Aanganwadi, Mobile creches.
5.	16-21 Feb., 2026	Contribution of thinkers to the development of ECCE: Pestalozzi, Rousseau, Froebel, Montessori
6.	23-28 Feb., 2026	Contribution of thinkers to the development of ECCE: Gandhi, Tagore, Tarabai Modak etc.
7.	2-7 March, 2026	Holi Vacations
8.	9-14 March, 2026	Organization Set up: Building & Equipment- Location, site, size, and arrangement of rooms, playground, play equipments, storage facilities
9.	16-21 March, 2026	Maintenance of equipments and furniture.
10.	23-28 March, 2026	Administrative set up: staff & personnel working at different level Role, responsibilities and essential qualities of teacher and other personnel. Assignment I
11.	30 Mar. - 4 April, 26	Curriculum & Activities: Principles & types of curriculum planning for pre-school.
12.	13-18 April, 2026	Activities of curriculum for physical development, healthful living, social & emotional development
13.	20-25 April, 2026	Activities of curriculum for cognitive development & creative art & craft.
14.	27 April -2 May, 2026	Assignment II & Class Test
15.	4-9 May, 2026	Revision


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Lesson Plan of B.A. 1 (2nd Sem) of Home Science

Subject: SEC of Home Science

Course: Ice creams and chocolate craft

Course code: C24SEC213P

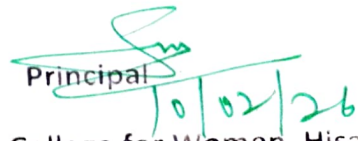
Session: 2025-26

Sr. No.	Week	Topic
1.	22-24 Jan., 2026	Classification and composition of ice cream
2	26-31 Jan., 2026	Market survey of Ice creams/ chocolates with respect to label reading (Ingredients)
3.	2-7 Feb., 2026	Equipment (Molds, scrapers, piping bags, nozzles, cooking thermometers, microwave oven, double boiler) and precautions used in handling chocolate.
4.	9-14 Feb., 2026	Making molded compound chocolate and variations and their sensory analysis: center filled chocolates and variations,
5.	16-21 Feb., 2026	Making free hand chocolate clusters; chocolate accessories and garnishes
6	23-28 Feb., 2026	Ancillary chocolates recipes like chocolate sauce, ganache and hand rolled truffles and Faults in chocolates
7.	2-7 March, 2026	Holi Vacations
8.	9-14 March, 2026	Making different ice creams and their sensory analysis: plain ice creams, fruit and nut ice creams
9.	16-21 March, 2026	Kulfi, Ice candies, Barf gola.
10.	23-28 March, 2026	Sherbets, ices, mousses, gelato, bisque,
11.	30 Mar. - 4 April, 26	Custards, cassata, variegated, novelties etc.
12.	13-18 April, 2026	Packaging and labeling of ice creams /Chocolates
13	20-25 April, 2026	Visit to ice cream/chocolate factory or
14	27 April -2 May, 2026	Ice cream chocolate exhibition or sale trial. Assignment
15	4-9 May, 2026	Revision


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Lesson Plan of B.A. 2 (4th Sem) of Home Science


Subject: DSC of Home Science

Course: Child Development

Course code: C24HOS401T

Session: 2025-26

Sr. No.	Week	Topics
1	6-10Jan, 2026	Importance of Child development study
2	12-17 Jan., 2026	Basic concepts-Growth, Development, Maturation, Learning
3	18-24 Jan., 2026	Stages of development through life span-infancy, early childhood,
4	25-31 Jan., 2026	Stages of development through life span: late child hood, adolescence, etc.
5	2-7 Feb., 2026	Development tasks at each stage of development till adolescence
6	9-14 Feb., 2026	Development tasks at each stage of development till adolescence
7	16-21 Feb., 2026	Domains of development: Physical, Motor, Language.
8	23-28 Feb., 2026	Domains of development: Cognitive, Social, Emotional, etc. Assignment I
9	2-7 March, 2026	Holi Vacations
10	9-14 March, 2026	Methods of Child study: Observation, interview, questionnaire etc.
11	16-21 March, 2026	Methods of Child study: Observation, interview, questionnaire etc.
12	23-28 March, 2026	Principles of Development
13	30 Mar. - 4 April, 26	Factors affecting postnatal growth and development
14	13-18 April, 2026	Prenatal development: factors affecting prenatal development
15	20-25 April, 2026	Factors affecting prenatal development
16	27 April - 2 May, 2026	Exceptional Children Class Test & Assignment II
17	19 May, 2026	Revision


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Lesson Plan of B.A. 2 (4th Sem) of Home Science

Course: Traditional embroideries of India

Subject: Minor of Home Science

Session: 2025-26

Course code: C24VOC413T

Sr. No.	Week	Topics
1	6-10Jan. 2026	Introduction of syllabus, internal assessment and exam pattern
2	12-17 Jan., 2026	Phulkari of Punjab and Haryana
3	18-24 Jan., 2026	Phulkari of Punjab and Haryana
4	25-31 Jan., 2026	Phulkari of Punjab and Haryana
5	2-7 Feb., 2026	Kasuti of Karnatka
6	9-14 Feb., 2026	Chamba Rupal of Himachal
7	16-21 Feb., 2026	Embroidary of Kutch
8	23-28 Feb., 2026	Embroidary of Kutch ,Assignment I
9	2-7 March, 2026	Holi Vacations
10	9-14 March, 2026	Embroidary of Kadiawar
11	16-21 March, 2026	Chikankari of UP
12	23-28 March, 2026	Kashidakari of Kashmir
13	30 Mar. - 4 April, 26	Kantha of Bengal
14	13-18 April, 2026	Kantha of Bengal
15	20-25 April, 2026	Khatwa patch work of Bihar
16	27 April -2 May, 2026	Class Test & Assignment II
17	4-9 May, 2026	Revision



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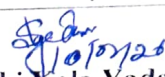
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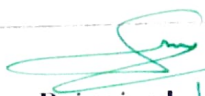
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Lesson Plan of B.A. 3 (6th Sem) of Home Science (Session: 2025-26)

B. A. III (6th Sem)

Subject: Human Development

Sr. No.	Week	Topics
Unit -I		
1	6-10Jan, 2026	Child Psychology: Definition, aims, subject matter.
2	12-17 Jan., 2026	Objectives of studying child psychology.
3	18-24 Jan., 2026	Learning: Meaning, importance, Method of learning, factors affection learning.
4	25-31 Jan., 2026	Intelligence: Definition, Measurement of intelligence.
5	2-7 Feb., 2026	Personality Developments: Definitions, types and factors effecting the development of personality.
Unit -II		
6	9-14 Feb., 2026	Play: Definition, features and types of play, Difference between work and play. Importance of play in childhood.
7	16-21 Feb., 2026	Stages of the development of the child, Characteristics of: - Infancy, Childhood
8	23-28 Feb., 2026	Characteristics of Adolescence, Problem of an adolescent child, role of parents and teacher in solving them. Class Test & Assignment
Holi Vacations		
9	2-7 March, 2026	The Expectant mother: Sign of pregnancy, Discomforts of pregnancy - Care of the expectant mother in brief - All effects of an early marriage.
10	9-14 March, 2026	
11	16-21 March, 2026	Care of newborn infants- Bathing, clothing and hygiene infancy.
12	23-28 March, 2026	Feeding of an infant: Breastfeeding verses Artificial feeding,
13	30 Mar. - 4 April, 26	Weaning: meaning and importance, methods of weaning
14	13-18 April, 2026	Digestive disturbances- Diarrhea, Constipation and vomiting.
15	20-25 April, 2026	Skin infection- Prickly heat, allergy.
16	27 April -2 May, 2026	Convulsions Class Test & Assignment II
17	4-9 May, 2026	Revision


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