Government College for Women, Hisar

Red Cross and Red Ribbon Club

Summary of Activity Report (2025-26)

CELEBRATION OF INTERNATIONAL YOUTH DAY

Under the International Youth Day intensified campaign, Government College for Women, Hisa organized a series of programs to spread awareness about HIV/AIDS.

1. Screening of Teach AIDS documentary film on 25 August 2025

In order to create awareness among students about the prevention of HIV, the importance of safe practices, and the active role of youth in combating this global challenge, a short film titled Teac AIDS was screened for the students. A total of 56 students attended the film screening.

2. Poster Making Competition on 26 August 2025

A poster-making competition on the theme of HIV/AIDS awareness, myths, and prevention was also conducted. A total of 14 students participated in the competition. The results are as follows: Bhavna (B.Sc. CS) secured the first position, Kiran (B.Sc. Physical Science) stood second, while g Payal (B.Sc. Medical) and Lalit (B.Sc. Medical) jointly secured the third position.

3. "Tree of Life" Decoration Ceremony on 12 September 2025

The program continued with the symbolic "Tree of Life" activity where students decorated a tree with red ribbons and red balloons, representing care, solidarity, and the collective fight against the disease.

4. Red Ribbon Human Chain formation on September 12, 2025

Lat, but not the least, to conclude the program, 64 students formed a human chain in the shape o red ribbon, the global symbol of HIV/AIDS awareness to convey the message of unity a compassion towards people living with HIV/AIDS and aimed at eliminating the stigma association with the disease.

5. Health Check-up Camp and Awareness Lecture cum workshop on Women's Health Management

A Health Check-up Campaign was organized under the joint collaboration of NSS and Red Cross & Red Ribbon Club with the support of UPHC Rishi Nagar team. During the camp, the hemoglobin levels of students were checked, creating awareness about health monitoring and anemia prevention. A total of 105 students got their blood test done and guidance was given to the students with low hemoglobin levels.

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Following the check-up, workshop on Women's Health Management was organized with series of Health Awareness Lectures:

Firstly, Dr. Monika (Medical Officer, UPHC Rishi Nagar) delivered an informative lecture on the occasion of World Cancer Day, focusing on cancer prevention, early symptoms, and the importance of timely treatment. She also spoke on anemia-the-silent disease, its causes, symptoms, and preventive measures.

After that, Dr. Neha from Civil Hospital, Hisar addressed the issue of Autism highlighting how early detection and intervention can help in managing the condition effectively. A total of 147 students participated in workshop.

6. Poster Making Competition

A Poster Making Competition was organized by Red Ribbon Club on January 16, 2026 in which students enthusiastically participated and showcased their creativity and awareness. The posters highlighted themes such as HIV/AIDS prevention, myths, discrimination and stigma associated with HIV/AIDS, safe behavior, importance of testing, and social inclusion. The activity provided a platform for students to express their thoughts creatively while reinforcing important social messages. A total of 60 students participated in the competition and made visually impactful posters.

7. Slogan Writing Competition

The Slogan Writing Competition was organized on January 19, 2026 under Red Ribbon Club. The competition encouraged students to present powerful and thought-provoking slogans on HIV/AIDS awareness. The slogans emphasized themes such as prevention of HIV/AIDS, break the myths, spread the facts, fight the virus, not people, discrimination and stigma associated with HIV/AIDS, educate, empower, eliminate HIV. A total of 40 students participated in the competition. The activity helped students convey strong messages in a concise and effective manner. The slogans were judged on the parameters of their message, clarity, theme, neatness etc.

8. Speech Competition

A Speech Competition was organized on January 27, 2026 to provide students an opportunity to articulate their views on HIV/AIDS awareness and the role of youth in combating the disease. A total of 10 students participated in the competition. Participants delivered informative and inspiring speeches. The competition enhanced students' public speaking skills and deepened their understanding of the subject. The participants were judged on the basis of the topic's relevance, speech delivery, speaking skills etc.

9. Wall Painting Activity

A Wall Painting activity was conducted on January 28, 2025 within the college premises tis create long-lasting visual awareness, Students painted vibrant and meaningful art work related is HIV/AIDS awareness, prevention and compassion. A total of 20 students participated in the

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activity. The wall paintings now serve as s permanent reminder for students and visitors, reinforcing the message of awareness and social responsibility.

10. District Level Youth Red Cross Training Camp

Held at: Guru Gorakhnath Ji Government College, Hisar

Date: February 16, 2026 to February 20, 2026

A District Level Youth Red Cross Training Camp was organized by the Indian Red Cross Society, District Branch, Hisar, from February 16, 2026 to February 20, 2026. Five Red Cross volunteers from Government College for Women, Hisar actively participated in the training camp. During the five-day camp, the students took part in various activities aimed at developing leadership, teamwork, and humanitarian values. Their enthusiastic participation and dedication were highly appreciated. On the concluding day, the team from Government College for Women, Hisar was honored with the "Best Team" award for their outstanding performance.

11. Health Checkup Camp and Extension Lecture cum Talk on "Health awareness: A key to healthy living"

On the occasion of World Health Day, 2026, a "Health Checkup and Awareness Camp" was successfully organized at Government College for Women, Hisar under the joint aegis of t Hostel Committee, Red Cross and Red Ribbon Club, Women Cell and NSS. The main objective of the camp was to create awareness among students about health-related issues and to encourage early diagnosis and timely treatment of diseases.

The camp was organized with the valuable support of doctors and medical staff from Civil Hospital Hisar. During the camp, general health checkups of students and staff members were conduct experienced doctors. Free tests for Blood pressure, Hemoglobin, Height and Weight check-up carried out. A large number of students benefited from these services and received valuable l advice from the medical experts.

As part of the health awareness initiative, an Eye checkup camp was also organized in collaboration with Centre for Sight Hospital, Hisar. Senior optometrists Mrs. Rohini, Mr. Sanjay Kumar, Deepak Sharma, Mr. Vijay, and Mr. Ujjala provided their expert services during the camp. Detailed eye examinations were conducted, and the participants were given important guidance regarding eye care and vision health. A total of 119 students participated in the camp.

Along with the health checkup camp, an Extension Lecture cum Talk on "Health awareness: key to Healthy Living" was also organized. A panel of expert doctors delivered informative sessions on various topics such as diet and nutrition, oral health, yoga, anemia, and overall healthy lifestyle practices. A total of 128 students attended the session and gained important insights from the lecture. On this occasion, hostel warden Dr. Anita Taneja, Women Cell Convener Mrs. Shaina Tehria, NSS POs Ms. Heena Pahuja and Mrs. Sunita, and Red Cross Convener Dr. Vasundhra played an active role in organizing the event. The camp proved to be highly beneficial, as students received valuable health guidance and became more aware about maintaining a healthy lifestyle.

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12. Celebration of World Health Day 2026 by Red Cross & Red Ribbon Club and National Service Scheme (NSS).

Details of activities: Screening of TEACH-AIDS movie, Red Run and Extension lecture cum talk on "HIV/AIDS and TB awareness"

In order to mark the celebration of World Health Day 2026, the Red Cross and Red Ribbon Club of Government College for Women, Hisar, in collaboration with the National Service Scheme (NSS), organized a series of meaningful and awareness-driven activities aimed at promoting health consciousness among students. A total of 48 students attended the screening. It created a strong impact by encouraging open discussion and breaking the silence around the subject, thereby fostering a more informed and sensitive outlook among the participants.

Following the screening, a Red Run was organized within the college premises to symbolize solidarity, awareness, and commitment towards the fight against HIV/AIDS and Tuberculosis. A total of 68 enthusiastic students actively participated in the run.

An Extension Lecture-cum Talk was conducted on the theme "HIV/AIDS and TB Awareness." The session was delivered by Dr. Robin Madan, a renowned General-Subsequently, an Extension Lecture-cum Talk was conducted on the theme "HIV/AIDS and Physician from Bharat Health Care, Hisar. He provided a comprehensive and insightful explanation of both HIV/AIDS and Tuberculosis, covering key aspects such as causes, symptoms, modes of transmission, and preventive measures. His talk emphasized the scientific understanding of these diseases, making complex medical information accessible to students. A total of 109 students benefited from this informative lecture.

03/10/2026

Dr. Renu Sodhi
Convener
Red Cross & Red Ribbon

03.10.2026

Principal
Govt. College for Women
Hisar
Principal
Govt. College for Women,
Hisar

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